

Town of Stoughton

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www.stoughton-ma.gov

Stoughton Recreation Parent-Child Handbook 2024

We are excited to welcome you and your teen to Teen Extreme! This outlines behavior expectations to ensure a safe and enjoyable experience for everyone. You **MUST** review it with your teen before the program begins:

Dates and Times: Teen Extreme will run from 7/1/2024-8/9/2024 (closed 7/4 and 7/5) from 8:30 am - 2:30 pm located on the Upper Campus of the South Elementary School at 171 Ash St in Stoughton. There is no extended day option. You can sign up weekly or for the whole summer.

Attendance: Arrive on time for program sessions and activities. Drop off is at the first driveway entrance upon arriving at the South School. Inform program staff beforehand if your child will be absent, tardy or picked up early. Please note that the Recreation Department cannot be held responsible if participants arrive late and miss the bus. If you are late, parents and guardians will be given a first time, 15-minute grace period to pick up their child from the program. After that, you will be charged \$10 for every 15 minutes you are late.

If your teenager is to be picked up in any non-standard manner (e.g., walking home, going home with a friend, visiting the library, remaining on-site after a field trip), **written permission must be provided to the program director.**

Sunscreen Guidelines: Please apply sunscreen on your child every day before arriving at the playground. Staff cannot and will not apply sunscreen to the participants once they arrive at camp. This is for the safety of both staff and children. Counselors will remind the children on multiple occasions throughout the day to apply their sunscreen when necessary. We encourage you to purchase and pack spray sunscreen for ease of use.

Rain Day and Heat Advisory Policy: In the case of inclement weather, we will go inside the South School to do low impact activities such as board games, crafts or a movie. Parents are welcome to keep their child home but there are no cancellations due to rain. In the event of a heat advisory day, the program will be canceled for that day to ensure the safety of all. All cancellations can be found on all these platforms: www.stoughtonrec.org, email from Stoughton Recreation, Stoughton Recreation Facebook page <https://www.facebook.com/StoughtonMaRecreation>

Snack and Lunch: Everyone should pack a snack, lunch, and **refillable water bottle** each day. Remember - it's hot out there!! Please pack enough water and snacks to last the day

Safety First: Prioritize safety at all times. Follow safety rules and guidelines provided by program staff,

especially during outdoor activities and field trips. Jeopardizing safety may result in dismissal from the program. Our staff ratios are one staff for every ten children ages 7 and up. We cannot provide 1:1 staffing for programs.

Communication: Encourage open communication with program staff. If your teen has any questions, concerns, or needs assistance, they should feel comfortable approaching a staff member.

No Drugs or Alcohol: The use of drugs or alcohol is strictly prohibited during the program. This includes tobacco and vaping products. Participants found with drugs or alcohol on their person will face immediate consequences, including possible expulsion from the program. Additionally, appropriate authorities may be notified. It is the responsibility of participants to adhere to this policy for the safety and well-being of all involved.

Dress Code: Dress appropriately for program activities, including outdoor excursions. Some trips require specific clothing and shoes and all participants will be notified in advance. In general, closed-toe shoes and comfortable clothing are recommended.

Cell Phone Policy: Cell phones may be allowed during designated times or for specific purposes, as determined by program staff. Otherwise, cell phones should be kept off or on silent mode. We want your kids socializing and having fun! Photos and videos should not be taken of minors without their consent.

Illness, Medication and Allergies: All medications and allergies must be made aware of to the Director and included in your registration. If your child has an epi-pen, please provide two labeled epi-pens in a bag or container. Medicine should be administered by a parent or guardian. Parents/guardians are responsible for checking for illness symptoms, including a fever, each day before drop off. Do not send your child to the program if, your child or anyone in your household have a fever, your child or anyone in your household have flu like symptoms, a cough, sore throat, sneezing, wheezing, shortness of breath, trouble breathing, vomiting or loss of sense of taste or smell, your child or anyone in your family or household has been exposed or in contact with a suspected or confirmed COVID patient in the past 14 days

Behavior Policy:

Appropriate behavior is expected from all participants at all times in recreation programs. Treat all participants, staff, and volunteers with kindness and respect. To ensure safe and enjoyable programs and facilities for all participants, the Stoughton Recreation Department has developed the following Code of Conduct:

Children must:

- Refrain from using foul language and obscene behavior
- Refrain from causing bodily harm to themselves, other participants or staff
- Maintain a safe environment for themselves and others
- Be considerate to all participants, staff, equipment, supplies and facilities
- Abide by the guidelines encouraged by Stoughton Public Schools Bullying Policy.

These guidelines have been developed to make recreation programs safe and enjoyable for all participants. Additional rules may be developed for particular programs as deemed necessary by staff. The Stoughton Recreation Department strives to protect and respect the rights of all participants. A positive approach will be used when handling behavior issues. The Stoughton Recreation Department reserves the right to dismiss a participant at any time depending on the severity of the conduct.

Please note: There are NO REFUNDS within 24 business hours of the start of the program (7/1). Any approved cancellations prior to this date resulting in a refund will incur a 5% cancellation fee. Programs will not be pro-rated for missed classes. Participants may be eligible for a refund or account credit on a case by case basis prior to the first day of a program and is not guaranteed. Any approved cancellations resulting in a refund will incur a 5% cancellation fee, unless the cancellation of the program is initiated by the Recreation Department. In the event that the minimum registration requirement is not met, the program will be canceled. In such instances, participants will receive a full refund, and notification of the cancellation will be sent via email.

If you have any other questions, please do not hesitate to reach out to us:

Stoughton Recreation 781-341-1300 x9244 Recreation@Stoughton-MA.gov